

5 Pillars of Islam

1. PROFESSION OF FAITH (SHAHADA)-they must say: ' there is only one God (Allah) and Muhammad is his Prophet (messenger).
2. DAILY WORSHIP (SALAT)-must pray five times a day facing Mecca
3. ALMSGIVING (ZAKAT)-must give charity to the poor.
4. FAST (FASTING) (SAWM)-cannot eat or drink from sunrise to sunset in the holy month of Ramadan.
5. PILGRIMAGE TO MECCA (HAJJ)-all Muslims must take this at least once in their lifetime if they are physically and financially able to go.